

## IMPORTANT Discussion

1. Passports, Check Names, and Birthdays (must be exact!) **NOW**
2. Money paid in: (Check Your Current Balances)
3. Adult Rooming (20+) (*single upgrades, # beds*)
4. Passports (2 blank pages & 6 months after) **SIGN NOW!**
5. Important Forms (Health, info, passports, rules, gender)
6. Tip Money (Get \$150 to Dr. Powell by June 1st)
7. Medications (Original containers) (leader help?)
8. Adult Insurance 80-110 Days - **Lani**
9. 1 carry-on Bag (provided) & one small <50 lbs.
10. Documents: Check w/ Consulante of entry & return
11. Electronics must be charged for airport Security
12. Covid Form 30 days before & test <72 hours
13. Get Vaccinated
14. If someone gets sick?

## Bring

- Travel Buddy
- Travel Socks & Undies (for everyday)
- Tissues
- Money Belts/rubber bands on wallets
- Extra battery for phone/camera (no wifi)
- Travel snacks (NOT for plane or bus)
- Only a backpack (for important stuff only)
- DO NOT BRING YOUR WHOLE BATHROOM
- Poncho or Umbrella
- Ear plugs/headphones for sleeping on the plane (ear buds can be lost)
- Small travel laundry detergent (in box)
- Electrical adapter
- Sweats for travel
- 4-5 pairs of pants
- Jacket
- Walking shoes
- Sunglasses
- Feminine Hygiene products!

## Warnings

- Pictures with Costumes
- Don't buy DVDs
- Sleeping on the plane
- Drinking water
- Eating healthy
- Cash/Debit/Pre-paid AAA travel Card or cash. (Avoid ATM Fees) (Visa is good)
- 3 - 1 - 1 - Rule. Small containers (3 oz bottles, placed in 1 quart zip lock bag, 1 bag each!)
- Notify your phone company about travel
- Notify your bank about travel
- No sharp objects!
- Break in any new walking shoes

## Temperatures

Average Weather in July    55° - 85°                      Average rainy days in July    9

## Powell Will give:

Maps, Journals, Pencils. Covid Masks. Hotel Emergency Cards, Backpacks

## Info to Come:

Flight info & Hotel Stays: 30 - 45 days prior to Departure.

## Spending Money

Remember, YOU are responsible for your lunches. If you want Powell to disburse daily lunch spending, you need to get 10 euro bills for each day to Dr. Powell a week BEFORE departure.  
Beware of ATM Fees

### **Dr. Powell recommends:**

10€ a day for lunch (150€ Total)    300€ Spending TOTAL                      50€-100€ for safety

In April 2021, the exchange rate was \$1.00 = 0.84€, 0.92 Franc, 0.72 Pound

## Discuss

1. Dinner Tipping
2. Wake up Calls vs Alarm Clocks
3. Souvenirs - for YOU.... NOT for friends and family
4. Take pictures of signs to remember what things are
5. Take Hotel cards out of the hotel and room numbered sleeves
6. Foods are different. (also different sizes)
7. Lunch - be adventurous
8. Hotels - elevators, beds, showers, shower curtains
9. Room and bathroom sizes (OWN BATHROOMS!!!)
10. Bed Sizes
11. Shower sizes and water pressure
12. Lobby and hall volume
13. Dress school appropriate (Churches & Cathedrals)
14. MANNERS!!!!!!!!!!!!
15. Punctuality
16. Living together - ugh!
17. Groups of 4 - NEVER SMALLER - Never all female
18. Rules - PDA, Stealing, Drinking, etc. (School trip)
19. Different drinking and smoking ages.
20. Don't call and text home. Spend your time IN THE MOMENT!
21. NEVER put important stuff (\$\$) in your backpack
22. Pack light - You carry your own stuff
23. Avoid high maintenance stuff (wrinkle free clothes are good) (NO fancy Jewelry).
24. Prepare to dress in layers
25. Leave space for souvenirs
26. LAX is NOT the destination!
27. Put all liquids in zip-locks in case of spillage
28. Don't bring anything you can't handle losing
29. No liquids allowed in the airport from outside
30. Bring a safety set of important on your carry on
31. Pictures w/ your significant others. PDA!!!
32. Adult Images
33. Aerosol Cans
34. Key card lights

## European Hotels & what to expect

- European hotels are often somewhat smaller and less glamorous than U.S. Hotels.
- European hotels often have smaller lobbies than we are used to here in the U.S.
- European hotels are known for having smaller elevators that can only handle smaller weight limits. Because of this, we will most likely have to put our bags in to an elevator and send them all up together while we all walk up to take the bags off the elevator as it arrives.
- European hotels almost never have wash clothes.
- European hotels occasionally have hair dryers but not always.
- Wake up calls may not be as reliable as we are used to in the U.S. Always plan to have your own travel alarm clock.
- European hotels often use large room keys that must be turned into the front desk before leaving the hotel for the day.
- European hotels occasionally use plastic swipe cards as room keys which are needed to activate lights and power in the room. Place card in slot on the wall in the room to turn on the lights in the room.
- Warning, ALL bills will come to Dr. Powell. This means mini-fridge, TV, etc.
- European hotels often charge to access phone cards; even pre-paid phone cards. So make sure to always check with the front desk prior to using the phones in the rooms.
- European hotels normally serve nice continental breakfasts consisting of rolls, croissants, and butter. Occasionally cereal, yogurt, coffee, tea, &/or juice.
- European hotels will sometimes have a rope hanging in the shower. DON'T pull it! This is for emergency assistance.
- European hotels that have baths in the restroom will often have curtains to keep the water inside the tub. These curtains MUST be on the INSIDE of the tub when bathing. Leaving the curtain outside the tub while bathing will floor the bathroom.